

## Information about Emergent Diseases

---

### **Ebola Virus Disease Or Infection**

Please **DO NOT DONATE BLOOD** if you have **EVER** had Ebola virus disease or infection.

---

### **Zika Virus, Dengue Virus, and Chikungunya (CHIKV) Virus Outbreak**

We want you to know information that is important for patients who may receive your blood and that may also be important to your own health.

Travel may put you at risk of getting infections not typically found in the United States. Of most concern at this time are tropical diseases caused by Zika, dengue, and chikungunya viruses, which are transmitted to humans by infected mosquitoes. Although you may feel completely well and healthy at the time of your donation, you may still have been infected with Zika, dengue, or chikungunya virus during your travel and not feel anything.

In this situation, you may develop symptoms within the next 2 weeks including:

- Fever  $\geq$  100 F
- Muscle and/or joint aches or weakness
- Headache
- Eye pain
- A rash
- Bleeding or easy bruising (unrelated to your blood donation)

**If you have traveled to any island in the Caribbean during the two weeks before your donation, please wait until 2 weeks after your return to donate. Please speak to a staff person to reschedule your appointment.**

If you develop an unexplained illness with two or more of the listed symptoms within the next 2 weeks, PLEASE see your doctor and notify us as soon as possible at **(206) 398-5999**. By doing so, you may prevent infecting a patient receiving a transfusion.

**Thank you!**